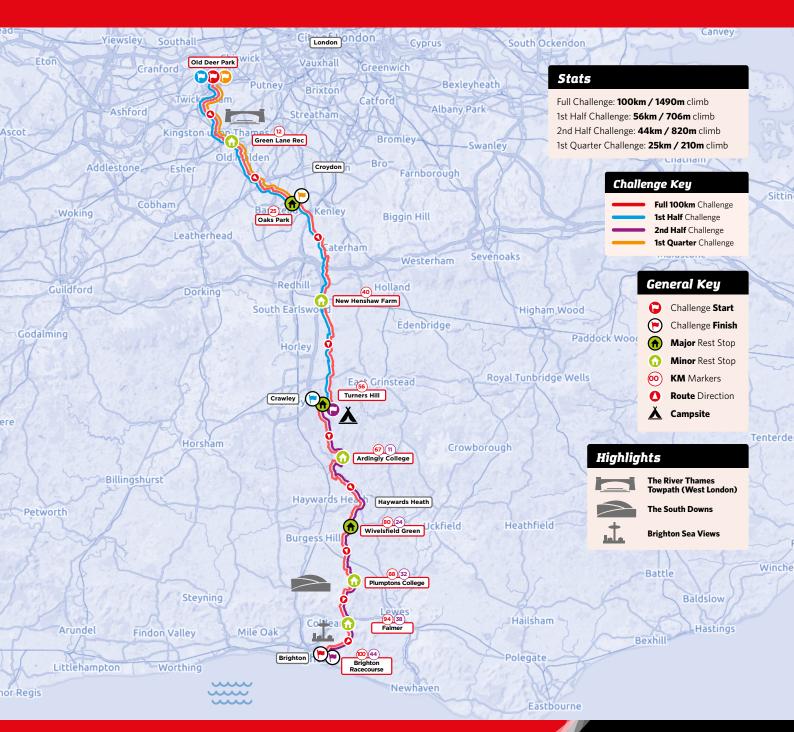




Now in its 10th year, 2,000 adventurers of all experience levels & ages will take on a classic capital to coast route, testing their grit over the weekend. Most will Walk, but many will Jog or Run the full 100km, and with half & quarter distance options there's a challenge for everyone.

A Richmond start by the Thames – then the North Downs and wonderful Surrey & Sussex countryside to halfway at Turners Hill. The 100km route heads up and over the South Downs before the welcome sight of the Brighton coastline comes in to view.





Distance options

Full 100km (continuous) **Challenge**

Richmond > Brighton Sat 28 May | 6.45-10am

DISTANCE & ELEVATION:

100km / ~1490m climb

REST STOPS & MEALS:

- ✓ Snacks & drinks every 10-15 km
- ✓ 25 km picnic lunch & fizzy drinks
- ✓ 56 km hot meal
- ✓ 80 km brunch/ lunch
- ✓ 100 km cooked breakfast/BBQ
- ✓ Finish glass of fizz, medal & t-shirt

Full 100km-2 Day (stop overnight) **Challenge**

Day 1 - Richmond > Turners Hill Sat 28 May | 6:45am-10am Day 2 - Turners Hill > Brighton Sun 29 May | 6am-6:30am

DISTANCE & ELEVATION:

D1: 56km / 706m D2: 44km / 820m climb

REST STOPS & MEALS:

- ✓ Snacks & drinks every 10-15 km
- ✓ 25 km picnic lunch & fizzy drinks
- ✓ 56 km hot meal
- ✓ 80 km brunch/ lunch
- ✓ 100 km cooked breakfast/ BBQ
- ✓ Finish glass of fizz, medal & t-shirt

First Half Challenge

Richmond > Tulleys Farm Sat 28 May | 6.45-9.30am

DISTANCE & ELEVATION:

56km / 706m climb

REST STOPS & MEALS:

- ✓ Snacks & drinks every 10-15 km
- ✓ 25 km picnic lunch & fizzy drinks
- ✓ 56 km hot meal
- ✓ Finish glass of fizz, medal & t-shirt

Second Half **Challenge**

Tulleys Farm > Brighton
Sat 28 May if joining
Full Challenge | 5pm
Sun 29 May | 6:00am-6:30am

DISTANCE & ELEVATION:

44km / 820m climb

REST STOPS & MEALS:

- ✓ Snacks & drinks every 10-15 km
- ✓ 25 km picnic lunch & fizzy drinks
- ✓ 44 km breakfast/BBQ
- ✓ Finish glass of fizz, medal & t-shirt

First Quarter **Challenge**

Richmond > Oaks Park Sat 28 May | 6.45-10am

DISTANCE & ELEVATION:

25km / 210m climb

REST STOPS & MEALS:

- ✓ Snacks & drinks every 10-15 km
- ✓ 25 km BBQ lunch & fizzy drinks
- ✓ Finish glass of fizz, medal & t-shirt



*All additional options are available to book online once you've signed up to the Challenge



Our Support

An Ultra Challenge is all about pushing yourself further and setting your own goals. We lay on the best support services and hospitality all the way to the finish line - to give you the best chance of achieving them.

Whichever distance you choose - you will receive the same full support:

Before the Challenge...

- ✓ Dedicated Challenge App to help you prepare
- Challenge Manual & Event Guides
- ✓ Training Walks & Runs
- ✓ Kit & equipment lists discounts & advice
- ✓ Preparation videos & pre-event briefing
- ✓ Online forums meet fellow Challengers

During the Challenge

- ✓ Rest stops every ~12.5km covered with seating, toilets & rest areas
- FREE food & drinks catering to all dietary requirements
- ✓ First aid support at stops & en route
- ✓ Fully signed route & online maps
- Chip-timing keeping track of you
- ✓ Trek Masters to help guide you
- ✓ Group departures during the night
- ✓ Baggage transfer service
- Emergency support & route pick ups
- Shuttles for retirees to take you forward
- ✓ Bookable transfers before and after your Challenge
- ✓ Medal, T shirt & glass of fizz at the finish!

Optional Extras

Baggage Transfers

We've a range of baggage services taking your baggage forward for you to access during the challenge. All baggage services will be paid in cash on the day, you cannot pre book/ buy these options. Please note the max weight limits – these are strict, and bags will be weighed.

| Full Challenge: Start > Half Way> Finis | sh £15 |
|---|---------------|
| Full Challenge: Start > Finish | £10 |
| Half Challenges: Start > Finish | £5 |
| Quarter Challenges: Start > Finish | £5 |
| Kit Drop Service: Runners only | |

Camping

Camping - Sat 28 May

Tulleys Farm, Half Way

| Inclusive Package: 1 Person | £50 p/n |
|-----------------------------|---------|
| Inclusive Package: 2 Person | £65 p/n |
| Pitch Only: 1 Person | £20 p/n |
| Pitch Only: 2 Person | £35 p/n |

Parking

We encourage car sharing, and where possible to be dropped off and picked up from your start and finish location.

Weekend£5 per car

Transport

You must pre-book all additional transport options in advance:

Pre Challenge Transfers

We've a range of shuttle services & parking before your challenge.

Brighton > Tulleys Farm£15 p/p

Post Challenge Transfers

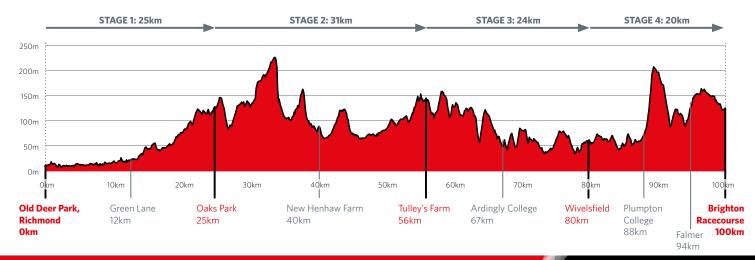
We've a range of shuttle services to take you to where you need to go, after your challenge.

| Brighton finish > Brighton station FC | C |
|---|---|
| Tulleys Farm > Three Bridges station FC | C |
| Oaks Park > Sutton station FC | C |



Route & Rest Stops

| | REST STOP | LEG KM | TOTAL KM | CUT OFF TIMES | FOOD/CATERING | SHUTTLES | SUPPORTER PARKING |
|---------|---|-------------|-------------|-------------------|---|--|----------------------|
| STAGE 1 | 1: START: Old Deer Park, Richmond, TW9 1WS | ↓ 12 | 0 | | Free tea / coffee, biscuits, energy drink, & water. Breakfast vendor. | N/A | × |
| | 2: MID POINT: Green Lane Rec. Please inform spectators they may not attend this site unless in an emergency | ↓ 13 | 12 | Saturday 13:30 | Variety of free snacks, tea / coffee, energy drink, & water. | N/A | × |
| | 3: REST STOP: Oaks Park, Croydon Lane, Carshalton, Surrey, SM7 3BA | ↓ 15 | 25 | Saturday 17:20 | Picnic lunch incl. for all - snacks, teas, coffee, water & energy drinks. You can pre-purchase meals for your spectators here. | Finisher's shuttle to Sutton station | ~ |
| STAGE 2 | 4: MID POINT: New Henshaw Farm, Outwood Lane, S Nutfield Please inform spectators they may not attend this site unless in an emergency | 1 6 | 40 | Saturday 22:30 | Variety of free snacks, tea, coffee, energy drink. | Shuttle for retirees – (100km challengers to Brighton, 56km Challengers to Tulleys Farm) | × |
| | 5: REST STOP - HALF WAY: Tulleys Farm, Turners Hill, West Sussex, RH10 4PE | 4 11 | 56 | Sunday 03:30 | Hot meal + tea, coffee, energy drink, water & free snacks. You can pre-purchase meals for your spectators here. | Finisher's shuttle to Three Bridges station. Shuttle for retirees to Brighton | ~ |
| STAGE 3 | 6: MID POINT: Ardingly College, College Road, Ardingly, West Sussex Please inform spectators they may not attend this site unless in an emergency | ↓ 13 | 67 | Sunday 10:30 | Variety of free snacks, tea, coffee, water, energy drink. | Shuttle for retirees to Brighton | × |
| | 7: REST STOP: Wivelsfield Primary School, Wivelsfield Green, East Sussex, RH17 7QN | ↓ 8 | 80 | Sunday 14:20 | Hot meal + tea, coffee, energy drink, water & free snacks. You can pre-purchase meals for your spectators here. | Shuttle for retirees to Brighton | Restricted |
| STAGE 4 | 8: MID POINT: Plumptons College, Ditchling Road, Plumpton, East Sussex Please inform spectators they may not attend this site unless in an emergency | ↓ 6 | 88 | Sunday 17:45 | Variety of free snacks, tea, coffee, energy drink & water. | Shuttle for retirees to Brighton | × |
| | 9: WATER STOP: (open from Saturday 19:00) Park Street, Falmer Please inform spectators they may not attend this site unless in an emergency | ↓ 6 | 94 | | Variety of free snacks, tea, coffee, energy drink & water. | N/A | × |
| | 10: FINISH: Brighton Racecourse, Freshfield Rd, Brighton, BN2 9XZ | | 100 | Sunday 22:00 | Hot meal provided for finishers & tea / coffee. Spectators may pre-purchase a meal here. | Finisher's shuttles to Brighton station | ~ |





Funding & Cost options

Option 1

Self Funding For You

Pay for your place in full, with no fundraising target but you can raise of you like!

Option 2

Sponsorship For Charity

Pay a small registration fee & commit to fundraise for a charity of your choice.

Option 3

Mixed Funding For Charity

Pay half your place, & fundraise a smaller target for your chosen charity.

FULL CHALLENGE:

£198 Registration Fee

- Pay online as you register
- Fundraise if you want no commitment

HALF CHALLENGE:

£129 Registration Fee

- Pay online as you register
- Fundraise if you want no commitment

QUARTER CHALLENGE:

£79 Registration Fee

- Pay online as you register
- Fundraise if you want no commitment

FULL CHALLENGE:

£30 Registration Fee

- Pay online as you register
- Commit to fundraise £595 for your chosen charity
- 50% due 3 weeks before the challenge
- Remaining 50% due 4 weeks after the challenge
- Charity pays for your place on the event

HALF CHALLENGE:

£20 Registration Fee

- Pay online as you register
- Commit to fundraise £395 for your chosen charity
- 50% due 3 weeks before the challenge
- Remaining 50% due 4 weeks after the challenge
- · Charity pays for your place on the event

QUARTER CHALLENGE:

£10 Registration Fee

- Pay online as you register
- Commit to fundraise £250 for your chosen charity
- 50% due 3 weeks before the challenge
- Remaining 50% due 4 weeks after the challenge
- Charity pays for your place on the event

FULL CHALLENGE:

£110 Registration Fee

- Pay online as you register
- Commit to fundraise £330 for your chosen charity
- 50% due 3 weeks before the challenge
- Remaining 50% due 4 weeks after the challenge
- Charity pays for half of your place on the event

HALF CHALLENGE:

£72.50 Registration Fee

- Pay online as you register
- Commit to fundraise £218 for your chosen charity
- 50% due 3 weeks before the challenge
- Remaining 50% due 4 weeks after the challenge
- Charity pays for half of your place on the event

QUARTER CHALLENGE:

£45 Registration Fee

- Pay online as you register
- Commit to fundraise £135 for your chosen charity
- 50% due 3 weeks before the challenge
- Remaining 50% due 4 weeks after the challenge
- Charity pays for half of your place on the event

Fundraising Deadlines At least 50% of the Sponsorship target (for either the Sponsorship for Charity or Mixed Funding option) should be with your Charity by 3 weeks prior to the Challenge. At this time your Charity will pay a Fee for your place to the Organiser (similar to the Self Funding cost). Failure to meet the 50% target may result in cancellation by your charity. The remaining 50% should be with your Charity 4 weeks after the Challenge.